

# Live Intentionally 365

PLANS FOR 2019



At Heaven on Earth NOW, we believe setting goals establishes direction, leading you step-by-step to the life you were called to live. Use this FREE tool and take time NOW to mull over and consider:

- What do I want to achieve in school or work? How do I want to spend my free time?
- Who do I want to surround myself with that will challenge me and support my goals?
- What do I want to accomplish financially — get a job, save money. etc.?
- How do I want to improve my health or self-care?
- What place do I want to explore? Who would I like to meet?
- What skill might I like to learn?
- Where might I enjoy volunteering? How might I lend life a greater sense of purpose?

After you've set the goals, write down an action step, the first step you want to take toward achieving each goal. Pick one specific thing you can do this week to get started! Set a target date to reach each goal – or indicate this is something to continue all year, replacing an old habit with a new one. Below are categories to get you started but any goal can be added, modified or eliminated!

## *Career, Work, or Study*

Performance Goal	First Action Step

## *Hobby or New Skills to Pursue*

Performance Goal	First Action Step

### *Health, Physical Activity & Self Care*

Performance Goal	First Action Step

### *Spiritual & Relationship Connections*

Performance Goal	First Action Step

### *Travel & Adventures*

Performance Goal	First Action Step

### *Volunteer & Service*

Performance Goal	First Action Step

Take time to pray or meditate about these 2019 goals. And post this somewhere where you can see it frequently – so that even amid life’s distractions, you can renew and pursue your intentions.

